

## Hymns ~ Sixth Sunday Year B

**Praise, my soul, the King of heaven,** to his feet your tribute bring;  
ransomed, healed, restored, forgiven, who like you his praise should sing?  
Alleluia, alleluia! praise the everlasting King.

Praise him for his grace and favour to our fathers in distress;  
praise him, still the same as ever, slow to blame and swift to bless;  
Alleluia, alleluia! glorious in his faithfulness.

Father-like, he tends and spares us, All our hopes and fears he knows;  
in his hands he gently bears us, rescues us from all our foes:  
Alleluia, alleluia! widely as his mercy flows.

Angels, help us to adore him; you behold him face to face;  
sun and moon, bow down before him, praise him all in time and space.  
Alleluia, alleluia! praise with us the God of grace. (Henry Francis Lyte)

### SPIRITUAL COMMUNION

‘My Jesus, I believe that you are present in this Holy Sacrament of the Altar.  
I love you above all things and I passionately desire to receive you into my soul.  
Since I cannot now receive you sacramentally, come spiritually into my soul so that  
I may unite myself wholly to you now and forever.’ Amen  
(based on prayer of St Alphonsus Liguori)

**Amazing grace!** How sweet the sound That saved a wretch like me!  
I once was lost, but now am found; Was blind, but now I see.  
Through many dangers, toils and snares, I have already come;  
'Tis grace hath brought me safe thus far, And grace will lead me home.  
The Lord has promised good to me, His Word my hope secures;  
He will my Shield and Portion be, As long as life endures. (John Newton)

**Immaculate Mary,** your praises we sing,  
You reign now in splendour with Jesus our King.  
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!

We pray for the Church, our mother on earth  
And bless, sweetest Lady, the land of our birth.  
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!

To God be all glory, and worship for aye,  
and to God's virgin Mother an endless ave.  
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!