

OPENING HYMN

As the deer pants for the water,
so my soul longs after you.
You alone are my heart's desire
and I long to worship you.
You alone are my strength, my shield,
to you alone may my spirit yield.
You alone are my heart's desire
and I long to worship you.

I want you more than gold or silver,
only you can satisfy.
You alone are the real joy-giver
and the apple of my eye.
You alone are my strength, my shield,
to you alone may my spirit yield.
You alone are my heart's desire
and I long to worship you.

SPIRITUAL COMMUNION

*'My Jesus, I believe that you are present in this Holy Sacrament of the Altar.
I love you above all things and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally, come spiritually into my soul so that
I may unite myself wholly to you now and forever.' Amen*
(based on prayer of St Alphonsus Liguori)

CLOSING HYMN

Awake from your slumber!
Arise from your sleep!
A new day is dawning
for all those who sleep.
The people of darkness
have seen a great light.
The Lord of our longing
has conquered the night.

Let us build the city of God.
May our tears be turned into dancing!
For the Lord, our light and our Love,
has turned the night into day!

We are sons of the morning;
we are daughters of day.
The One who has loved us
has brightened our way.
The Lord of all kindness
has called us to be
a light for his people
to set their hearts free.

O city of gladness, now lift up your voice!
Proclaim the good tidings that all may rejoice!

